

### CLASSES, SHOWS & EVENTS

Sign up today for classes and events listed. We may have limited seating so make reservations early. Your seat can only be guaranteed once payment is received. Please allow us at least four (4) days prior to event for any valid cancellations.



## MARI-MANN GOODER COOKING SHOWS, BBQ'S & CURB SIDE CARRY OUT EATURING: EXECUTIVE CHEF BRIAN PEHR FROM MILLIKIN UNIVERSITY

Chef Brian provides a wonderful experience with generous portions of "gooder" food and lively humor. We provide the recipes for you to take home so you can follow along, take notes and ask questions.

#### **GOODER VIRTUAL COOKING SHOWS**

www.marimann.com/cooking-school or Facebook .com/Mari Mann Herbs or YouTube.com/Mari Mann Herb Co

Watch Chef Pehr prepare Gooder food virtually while having fun and sharing recipes.

Chef has been busy preparing Gooder Soups, Frozen Meals, Risotto, Chili and more available frozen and ready to take home at Mari-Mann.

#### 31st Annual Mari-Mann Christmas High Tea

Saturday, December 11, 2021 12-2 PM & Sunday, December 12, 2021 1-3 PM

Cost \$15.00 (\$10 children 10 and under)

We'd love for you to Join us for our 31st Annual Mari-Mann Christmas High Tea. We serve a wonderful Afternoon High Tea including an array of both sweet and not to be forgotten, savory treats. Liz has chosen twelve special goodies to serve with Mari-Mann's Hot Berry Berry Tea and some Mulled Cider too! This afternoon event is sure to thrill the taste buds and bring a little extra joy to your Christmas season. We'll share Christmas stories and insights on Christmas traditions, elves and Santa folk lore. Reservations Required, space is very limited.

OPEN DAILY Monday thru Saturday 9am—5pm, Sundays noon-5pm

Mari-Mann is closed on the following holidays to allow our staff to enjoy time with family & friends: New Years Day, Easter Sunday, Fourth of July 4th, Thanksgiving Day and Christmas Day.

1405 MARI MANN LN., DECATUR, IL 62521-9580 USA | 217.429.1555 www.marimann.com / www.shopmarimann.com / FB: Mari Mann Herbs MARI-MANN HAPPENINGS AT THE HERB FARM & HEALTH FOOD STORE!

OCTOBER 20, 2021

## Check out our websites...

www.marimann.com	www.shopmarimann.com
Where you will find	Where you will find
<ul> <li>Mari-Mann's History</li> <li>Descriptions of our Tours,</li> </ul>	Our e-commerce site with thousand's of items for sale.
Luncheons & Programs	You'll find items like:
<ul> <li>Cooking Shows &amp; Happenings</li> </ul>	Supplements Gourmet Foods
<ul> <li>Calendar of Events</li> </ul>	Health & Beauty Aids
◊ Recipes	Spices and Teas
<ul> <li>Preferred Member Sign Up</li> </ul>	Oils & Fragrance Products Plants (seasonal)
<ul> <li>Articles</li> </ul>	Sign up for events and carry outs:
<ul> <li>Radio Show Podcasts</li> </ul>	Classes & Gooder-To-Go Food
<ul> <li>Photos &amp; Videos</li> </ul>	Shop online for in-store pick up or have your purchase shipped directly to you.

# HERB TALK—L/VE with Mike King

Fun & Informative Alternative Health Information Every THURSDAY from 6am to 7am On TALK 101FM WZUS

#### ENJOY THE WORLD OF HERBS AT MARI-MANN HERBS<sup>tm</sup>

Mari-Mann Herbs<sup>tm</sup> wants everyone to enjoy all the world of herbs has to offer, and we hope you get that experience when visiting Mari-Mann<sup>tm</sup>. We have offered herbs and spices and gourmet items from our beginnings. We have then expanded our supplement lines to become **Your Supplement Store and More**, and still offer our gourmet cream of the crop selections. Maribeth's delectable creations: Dilly Dip Mix, Perfect Herb Seasoning, Spoon Herbal Sauce, Rum Vanilla, Lemon Thyme Jelly and more still stock our shelves. We search for the best quality products, at the lowest cost we can and pass on the savings to you! We are open daily, year round. Stop by soon to check us out.

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